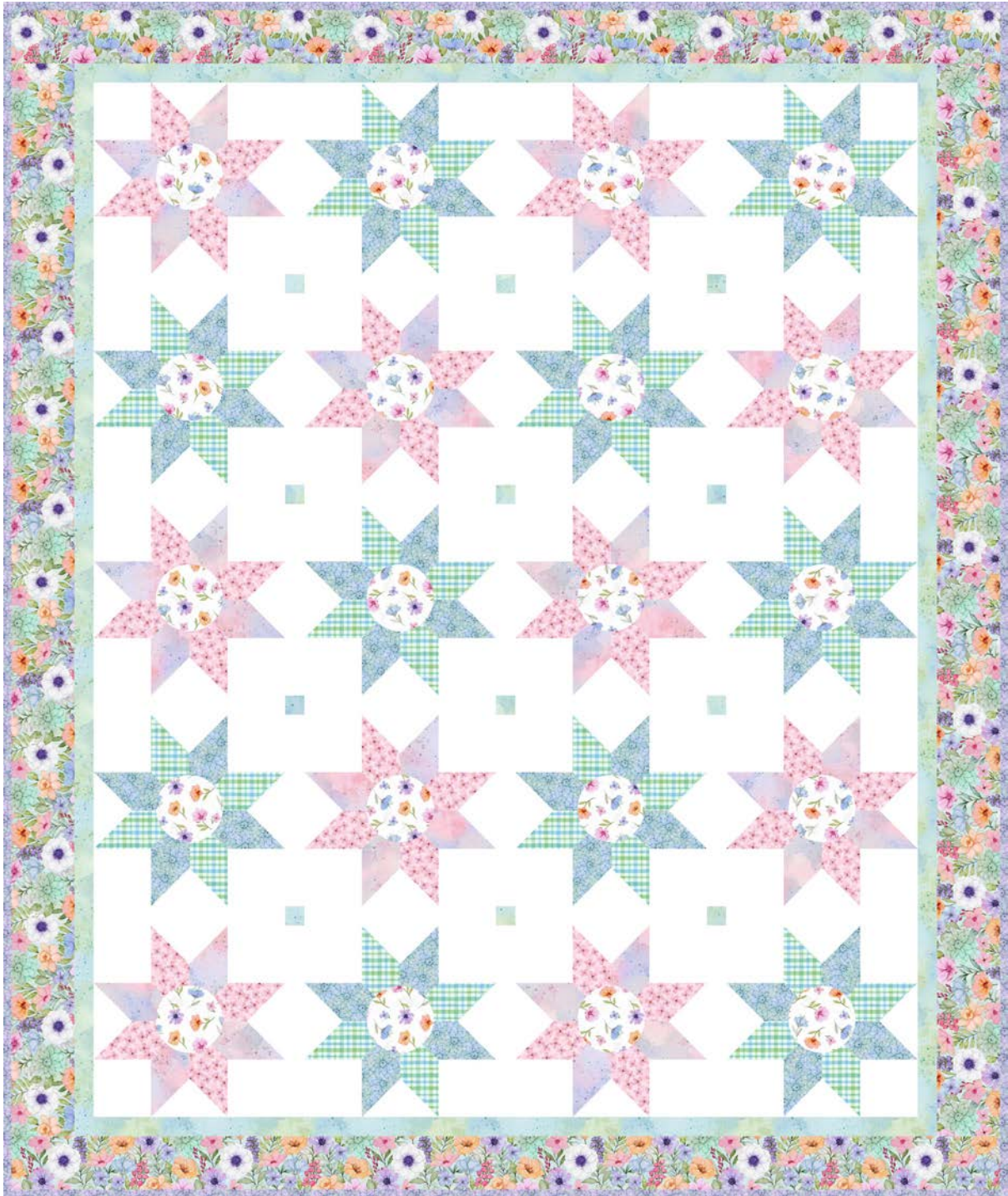


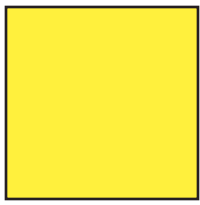
Flowers in the Vale

by Elise Lea for White Owl Textiles

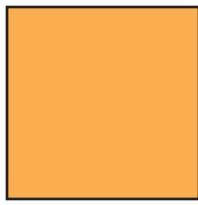
Finished size: 52" x 62"



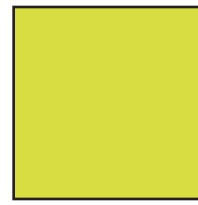
Fabric Guide



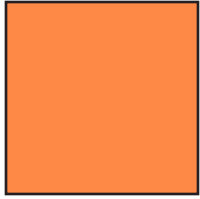
Fabric A
½ yard



Fabric B
½ yard



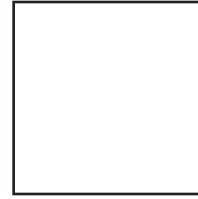
Fabric C
½ yard



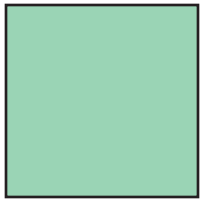
Fabric D
½ yard



Fabric E
¼ yard



Fabric F
2 yards



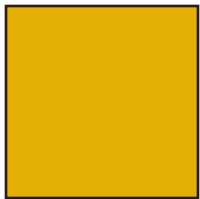
Fabric G
⅓ yard



Fabric H
⅔ yard



Binding
½ yard



Suggested Backing
3⅓ yards

Additional Materials
½ yard light weight fusible web - such as Pellon Wonder Under or Heat n Bond

Kindly note, our free patterns are not to be sold nor hosted on any other websites. We appreciate your understanding.

All seam allowances are ¼" unless otherwise stated.
Press seams open unless otherwise stated.

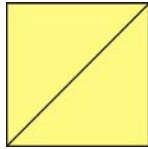
WOF = Width of Fabric (selvage to selvage)
RST = Right Sides Together

Cutting Instructions

Fabrics A-D	Cut 4 strips 2½" x WOF - subcut 40 strips 2½" x 3½" Cut 2 strips 3" x WOF - subcut 20 squares 3" x 3"
Fabric E	Using fusible web, trace and cut 20 circles using the template provided
Fabric F	Cut 4 strips 3½"x WOF - subcut 40 squares 3½" x 3½" Cut 10 strips 2½ x WOF - subcut 160 squares 2½" x 2½" Cut 11 strips 1½" x WOF - subcut 31 strips 1½" x 10½"
Fabric G	Cut 6 strips 1½" x WOF - from one strip cut 12 squares 1½" x 1½" Sew the remaining strips together end-to-end to create one long strip. From the resulting strip cut 2 strips 1½" x 54½" for side inner borders and 2 strips 1½" x 45½" for top and bottom inner borders
Fabric H	Cut 6 strips 3½" x WOF - sew together end-to-end to create one long strip From the resulting strip cut 2 strips 3½" x 56½" for side outer borders and 2 strips 3½" x 52½" for top and bottom outer borders
Binding	Cut 6 strips 2½" x WOF

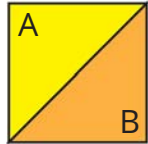
Piecing Instructions

Step 1: Draw a diagonal line across the back of all 3" x 3" Fabric A and Fabric C squares, and all 2½" x 2½" Fabric F squares.

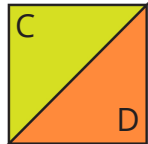


Step 2: Place a fabric A square and a Fabric B square RST and stitch ¼" away from both sides of the drawn line. Cut apart on the line, open and press. Square blocks up to 2½" x 2½".

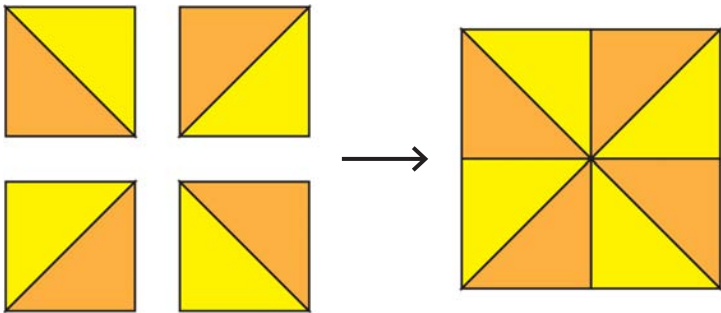
Repeat with all A & B squares to make a total of 40 AB HSTs.



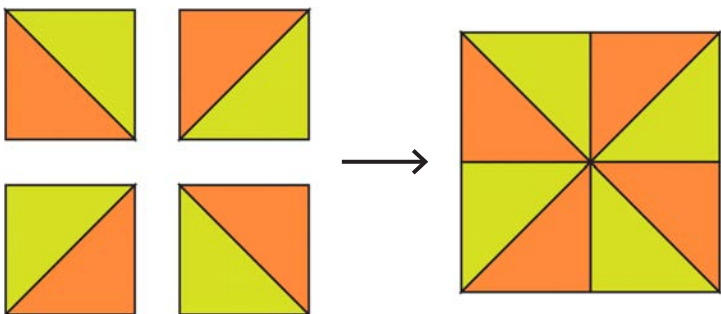
Repeat with all C & D squares to make a total of 40 CD HSTs.



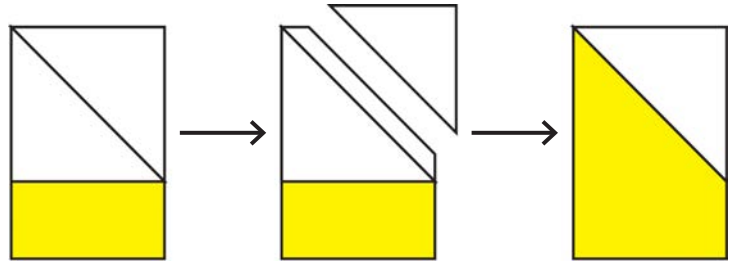
Step 3: Gather 4 AB HSTs and sew them together as shown. Press. Repeat to make a total of 10 AB Blocks.



Step 4: Gather 4 CD HSTs and sew them together as shown. Press. Repeat to make a total of 10 CD Blocks.

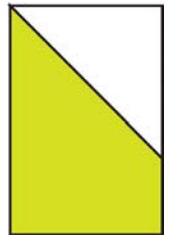


Step 5: Place a 2½" x 2½" Fabric F square RST on the top of a 2½" x 3½" Fabric A strip, noting orientation of the drawn line. Sew on the line and trim away excess ¼" from the sewn line, making sure that you are cutting off the correct side of the seam allowance (see diagram below). Open and Press.

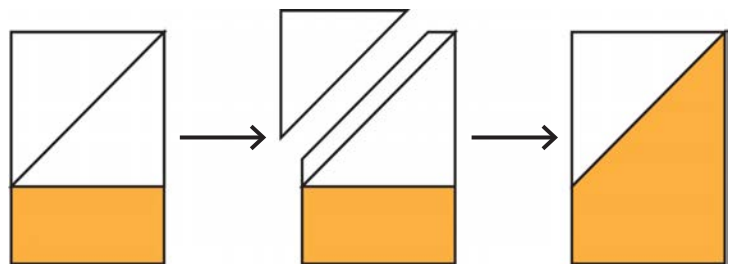


Repeat to make a total of 40 AF strips.

Step 6: Repeat Step 5 with 2½" x 2½" Fabric F squares and 2½" x 3½" Fabric C strips to make a total of 40 CF strips.

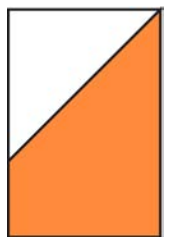


Step 7: Place a 2½" x 2½" Fabric F square RST on the top of a 2½" x 3½" Fabric B strip, noting orientation of the drawn line. Sew on the line and trim away excess ¼" from the sewn line, making sure that you are cutting off the correct side of the seam allowance (see diagram below). Open and Press.



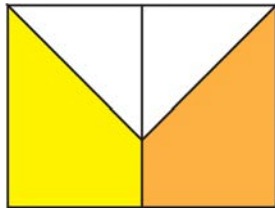
Repeat to make a total of 40 BF strips.

Step 8: Repeat Step 7 with 2½" x 2½" Fabric F squares and 2½" x 3½" Fabric D strips to make a total of 40 DF strips.

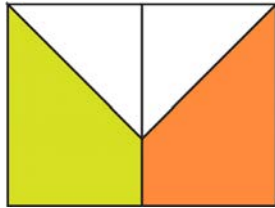


Piecing Instructions Cont.

Step 9: Sew an AF strip and a BF strip together as shown. Press. Repeat to make a total of 40 ABF blocks.



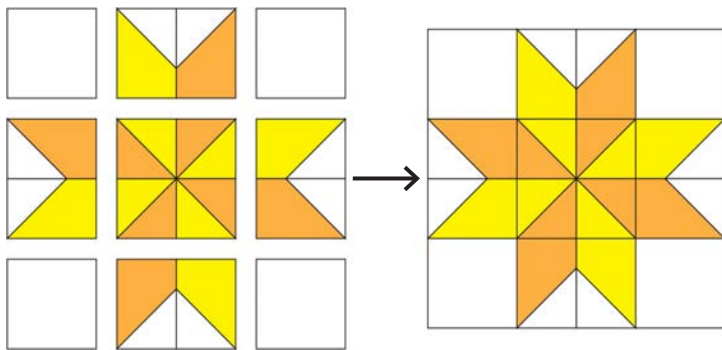
Step 10: Repeat Step 9 with CF and DF strips. Repeat to make a total of 40 CDF blocks.



Step 11: Gather the following pieces:

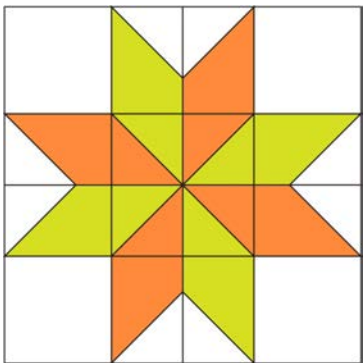
- four 3½" Fabric F squares
- four AB blocks from Step 3
- four ABF blocks from Step 9

Lay blocks out as shown below (noting orientation and placement of each block). Sew blocks into rows, press. Sew rows together, press. Repeat to make a total of 10 Block 1.

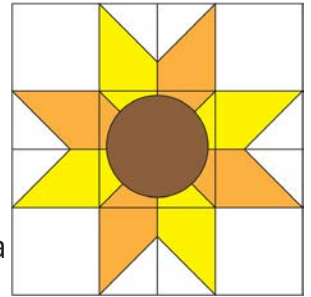


Step 12: Repeat Step 11 with the following pieces. Make a total of 10 Block 2.

- four 3½" Fabric F squares
- four CD Blocks from Step 4
- four CDF blocks from Step 10

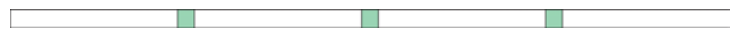


Step 13: Find the center of a Fabric E circle by gently folding it in half and finger pressing a crease, then, folding it in half the other direction and doing the same. Center the circle on a Block 1. Fuse the circle and stitch down as desired.



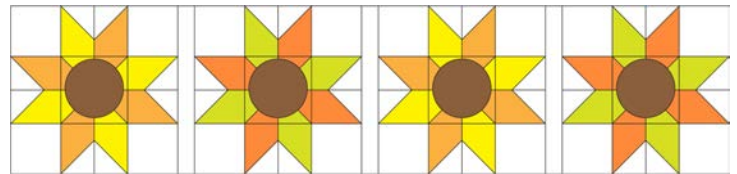
Repeat for all Block 1 and Block 2.

Step 14: Gather four 1½" x 10½" Fabric F strips and three 1½" x 1½" Fabric G squares. Sew the strips together end to end, placing a Fabric G square between each strip as shown. Press.



Repeat to make a total of 4 sashing Rows.

Step 15: Gather two Block 1, two Block 2, and three 1½" x 10½" Fabric F strips. Sew the blocks together as shown, placing a Fabric F strip between each set of blocks. Repeat to make 5 Rows.

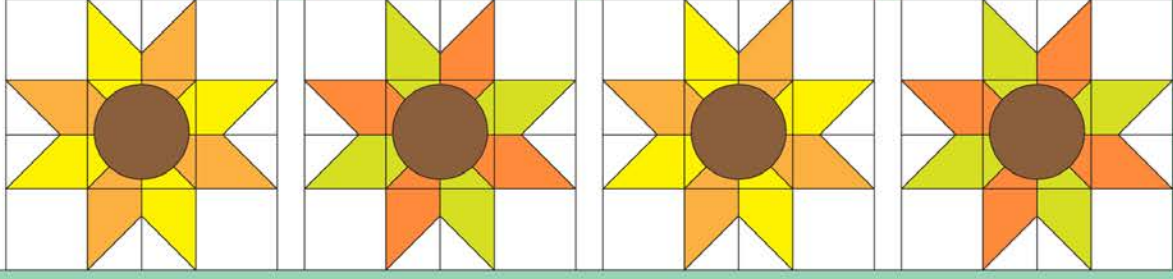
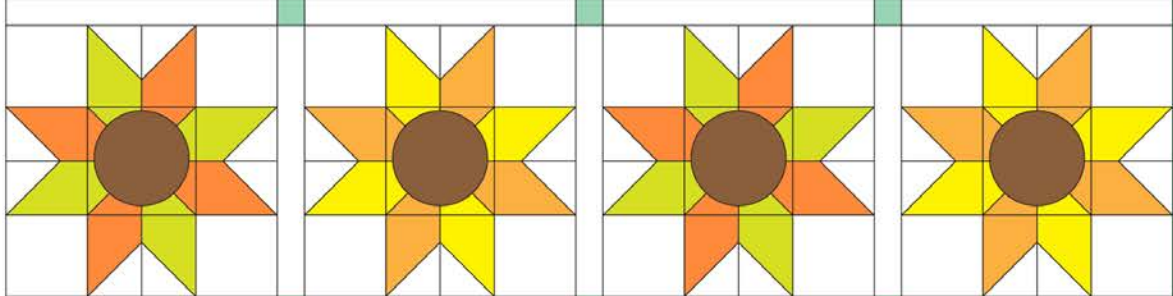
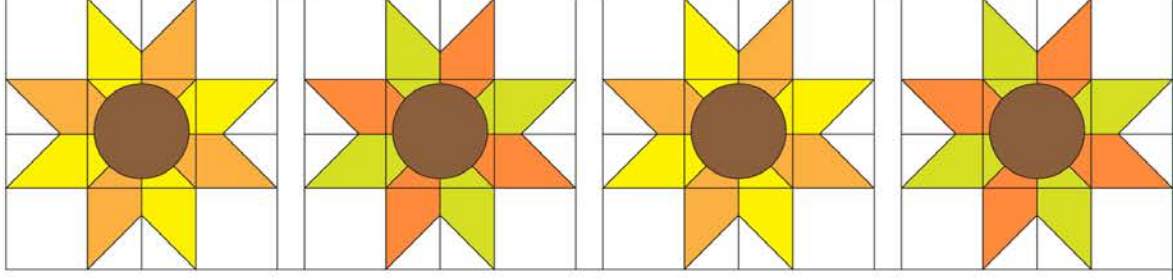
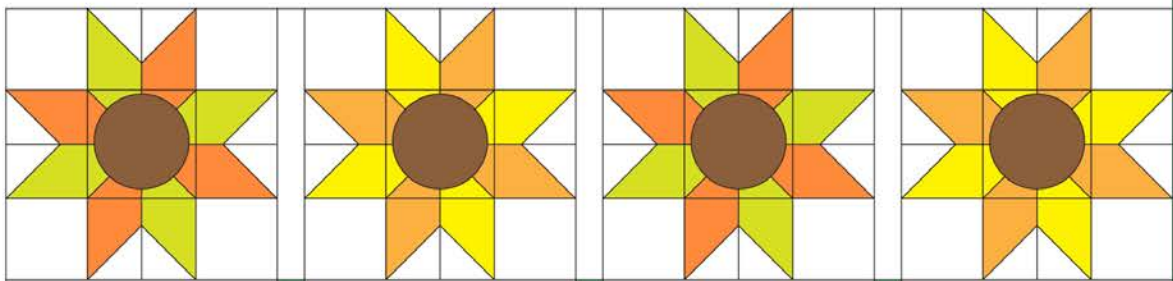
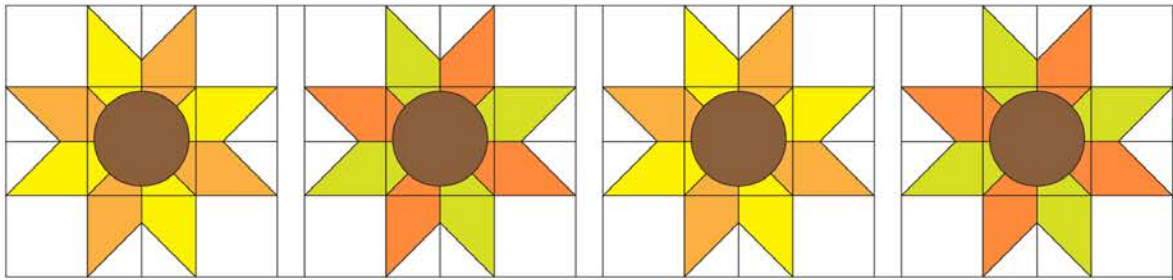


Step 16: Sew rows together, alternating direction of block rows, and placing a sashing row between block rows. (see image on next page).

Step 17: Sew side inner borders to sides of quilt. Press. Sew top and bottom inner borders to top and bottom of quilt. Press.

Sew side outer borders to sides of quilt. Press. Sew top and bottom outer borders to top and bottom of quilt. Press. (See image on next page).

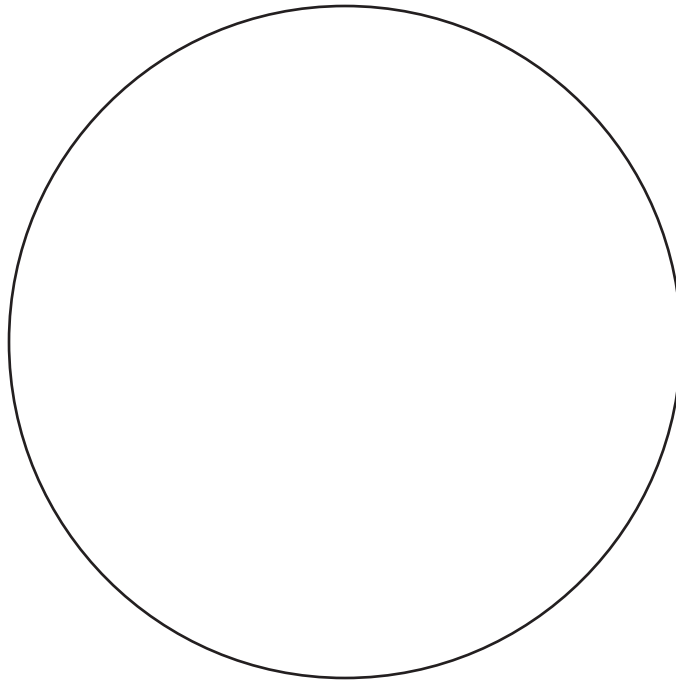
Woohoo! Your quilt is finished. Now, quilt and bind using your preferred method.



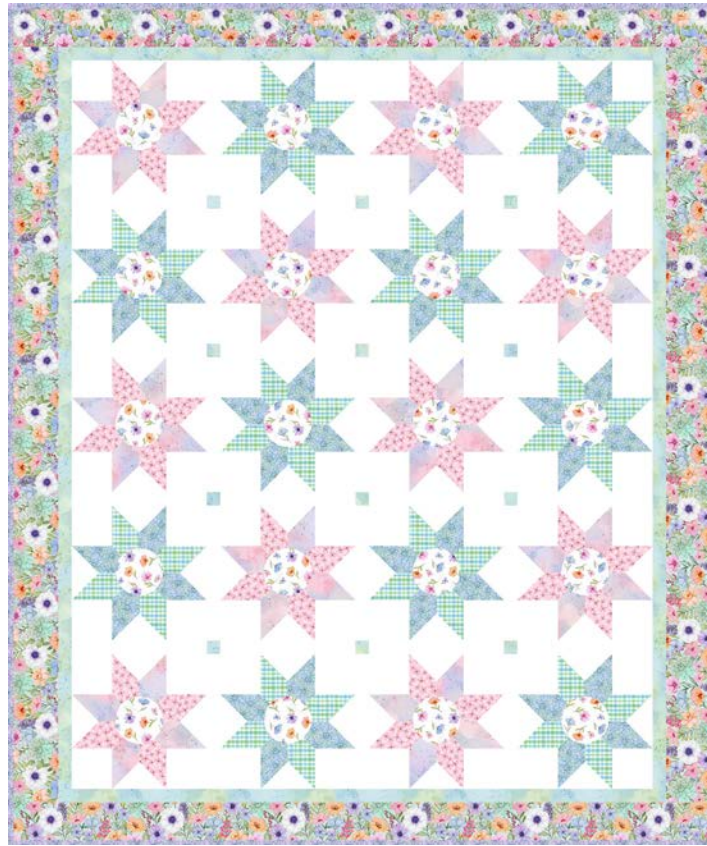
1" Test
Square

Print pages at 100%. *Do not fit to page or scale to fit.*

Measure the 1" test square to make sure it measures 1". If it does not the templates will be a little larger or smaller than a 3.5" circle.



Rainbow in the Vale



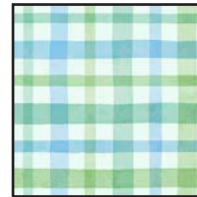
Fabric Guide



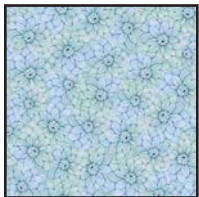
Fabric A
W110-029-555
½ yard



Fabric B
W110-032-656
½ yard



Fabric C
W110-030-778
½ yard



Fabric D
W110-028-787
½ yard



Fabric E
W110-027-167
¼ yard



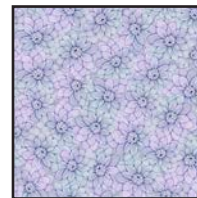
Fabric F
EC-700
2 yards



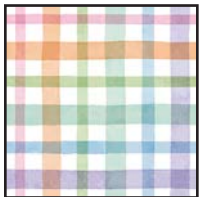
Fabric G
W110-032-787
⅓ yard



Fabric H
W110-025-768
⅔ yard



Binding
W110-028-676
½ yard



Suggested Backing
W110-030-146
3⅓ yards

Additional Materials
½ yard light weight fusible web - such as Pellon Wonder Under or Heat n Bond