

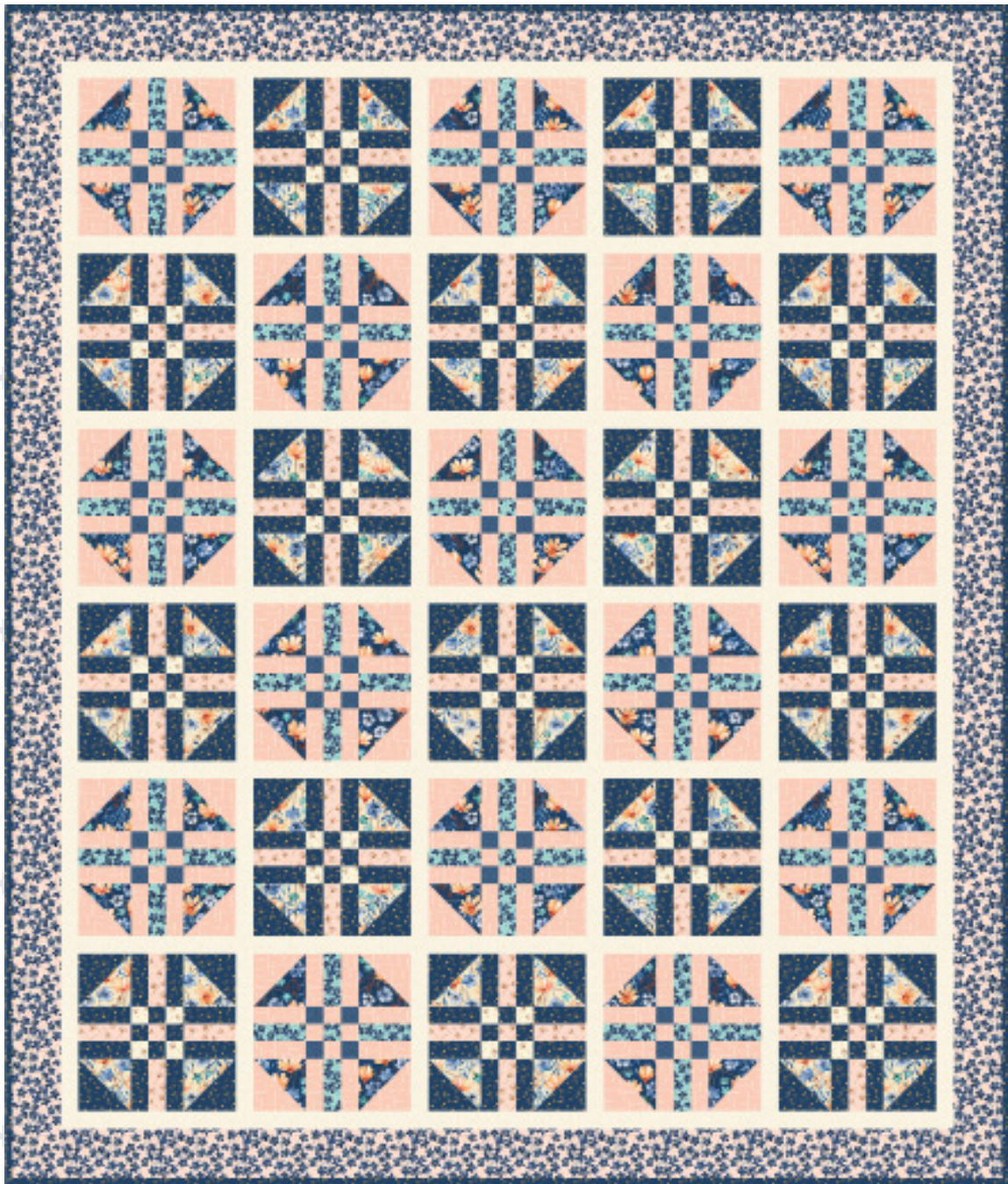
# Light & Shadow

by Elise Lea for White Owl Textiles

Finished size: 57" x 67"

Featuring:

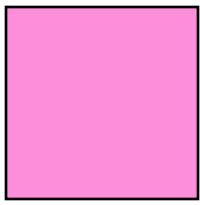
## Posy Pop



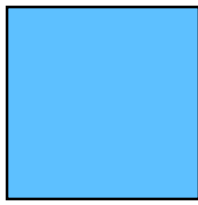
Difficulty: Confident Beginner



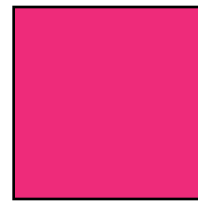
## Fabric Guide



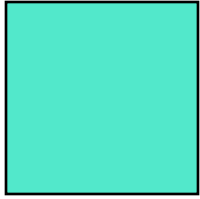
**Fabric A**  
3/8 yard



**Fabric B**  
3/8 yard



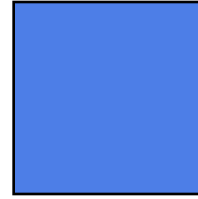
**Fabric C**  
1/3 yard



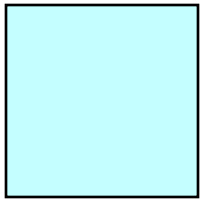
**Fabric D**  
1/3 yard



**Fabric E**  
1/4 yard



**Fabric F**  
1/4 yard



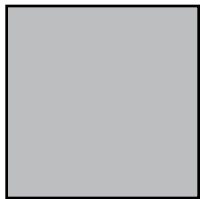
**Fabric G**  
1 yard



**Fabric H**  
1 yard



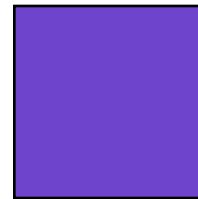
**Fabric I**  
7/8 yard



**Fabric J**  
5/8 yards



**Binding**  
5/8 yard



**Suggested Backing**  
3 5/8 yards

*Kindly note, our free patterns are not to be sold nor hosted on any other websites. We appreciate your understanding.*

All seam allowances are 1/4" unless otherwise stated.  
Press seams open unless otherwise stated.  
RST = Right Sides Together

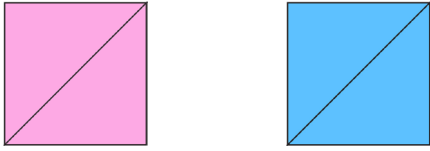
WOF = Width of Fabric (selvage to selvage)  
HST = Half Square Triangle

## Cutting Instructions

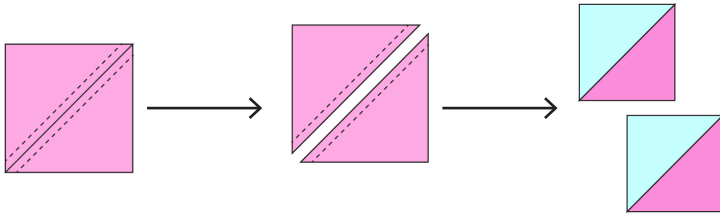
Fabrics A & B	Cut 3 strips 4" x WOF - subcut 30 squares 4" x 4"
Fabrics C & D	Cut 6 strips 1 1/2" x WOF for strip sets
Fabrics E & F	Cut 4 strips 1 1/2" x WOF for strip sets
Fabrics G & H	Cut 3 strips 4" x WOF - subcut 30 squares 4" x 4" Cut 14 strips 1 1/2" x WOF for strip sets
Fabric I	Cut 18 strips 1 1/2" x WOF <ul style="list-style-type: none"> <li>• From 6 of the strips subcut 24 strips 1 1/2" x 9 1/2" for vertical sashing</li> </ul> Sew the remaining strips together end-to-end to create one long strip - subcut: <ul style="list-style-type: none"> <li>• 5 strips 1 1/2" x 49 1/2" horizontal sashing</li> <li>• 2 strips 1 1/2" x 59 1/2" for side inner borders</li> <li>• 2 strips 1 1/2" x 51 1/2" for top and bottom inner borders</li> </ul>
Fabric J	Cut 6 strips 3 1/2" x WOF Sew strips together end-to-end to create one long strip - subcut: <ul style="list-style-type: none"> <li>• 2 strips 3 1/2" x 61 1/2" for side outer borders</li> <li>• 2 strips 3 1/2" x 57 1/2" for top and bottom outer border</li> </ul>
Binding	Cut 7 strips 2 1/2" x WOF

# Piecing Instructions

**Step 1:** Draw a line across the diagonal on the back of all 4" x 4" Fabric A & B squares.

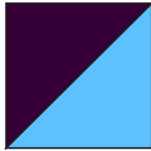


**Step 2:** Place a 4" x 4" Fabric A square RST with a 4" x 4" Fabric G square. Sew ¼" away from both side of the drawn line. Cut apart on drawn line open and press. Square both blocks up to 3½" x 3½".

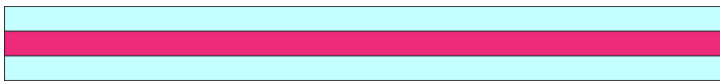


Repeat to make a total of 60 A/G HSTs.

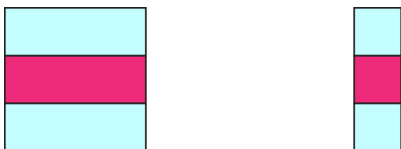
**Step 3:** Repeat Step 3 with 4" x 4" Fabric B squares and 4" x 4" Fabric H squares to create a total of 60 B/H HSTs.



**Step 4:** Make a GCG strip set by sewing a 1½" x WOF Fabric G strip to both sides of a 1½" x WOF Fabric C strip. Press. Repeat to make 6 strip sets.



Cut the resulting strip sets into a total of sixty 3½" x 3½" squares and fifteen 1½" x 3½" strips.



**Step 5:** Repeat Step 4 to make 6 HDH strip sets.



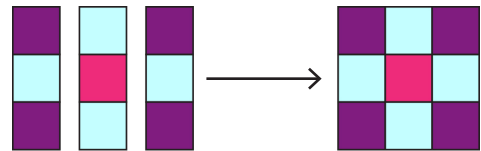
Cut the resulting strip sets into a total of sixty 3½" x 3½" squares and fifteen 1½" x 3½" strips



**Step 6:** Repeat Step 4 to make two EGE strip sets and two FHF strip sets. Cut the resulting strip set pairs into a total of thirty 1½" x 3½" strips.

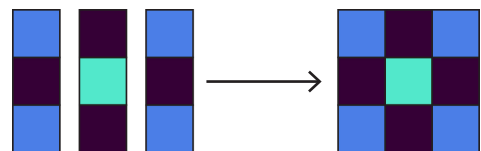


**Step 7:** Gather two 1½" x 3½" EGE strips and one 1½" x 3½" GCG strip. Sew them together as shown. Press.



Repeat to make a total of 15 Unit A.

**Step 8:** Gather two 1½" x 3½" FHF strips and one 1½" x 3½" HDH strip. Sew them together as shown.



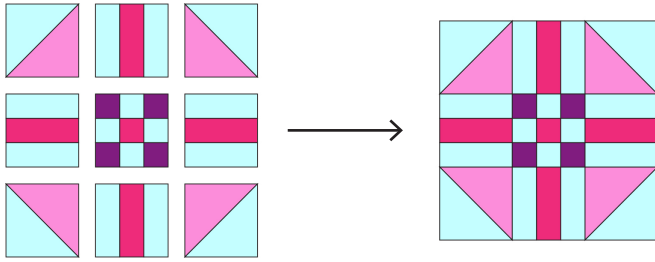
Press. Repeat to make a total of 15 Unit B.

**Step 9:** Gather the following blocks:

- 4 A/G HSTs
- 4 GCG 3½" squares
- 1 Unit A

## Piecing Instructions

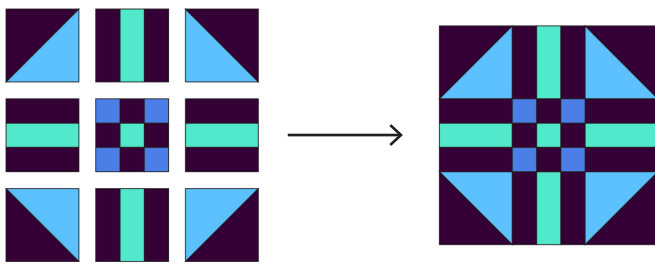
Lay the pieces out as shown and sew the pieces into rows. Press. Sew the rows together. Press. Repeat to make 15 Block A.



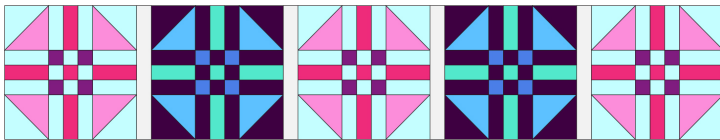
**Step 10:** Gather the following blocks:

- 4 B/H HSTs
- 4 HDH 3½" squares
- 1 Unit B

Lay the pieces out as shown and sew the pieces into rows. Press. Sew the rows together. Press. Repeat to make 15 Block B.

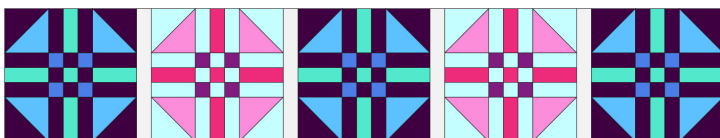


**Step 11:** Gather 3 of Block A, 2 of Block B, and four 1½" x 9½" Fabric I vertical sashing strips. Sew the blocks together as shown with a Fabric I sashing strip between blocks. Press.



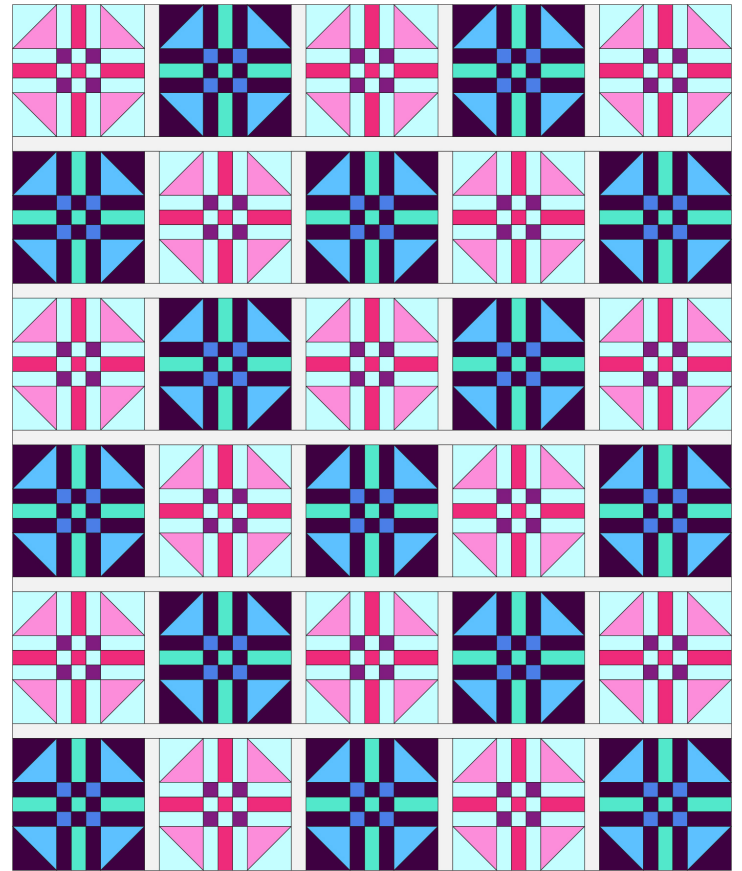
Repeat to make 3 Row 1.

**Step 12:** Gather 3 of Block B, 2 of Block A, and four 1½" x 9½" Fabric I vertical sashing strips. Sew the blocks together as shown with a Fabric I sashing strip between blocks. Press.



Repeat to make 3 Row 2.

**Step 13:** Sew rows together as shown, starting with Row 1, alternating with row 2 and placing a 1½" x 49½" Fabric I horizontal sashing strip between rows. Press.

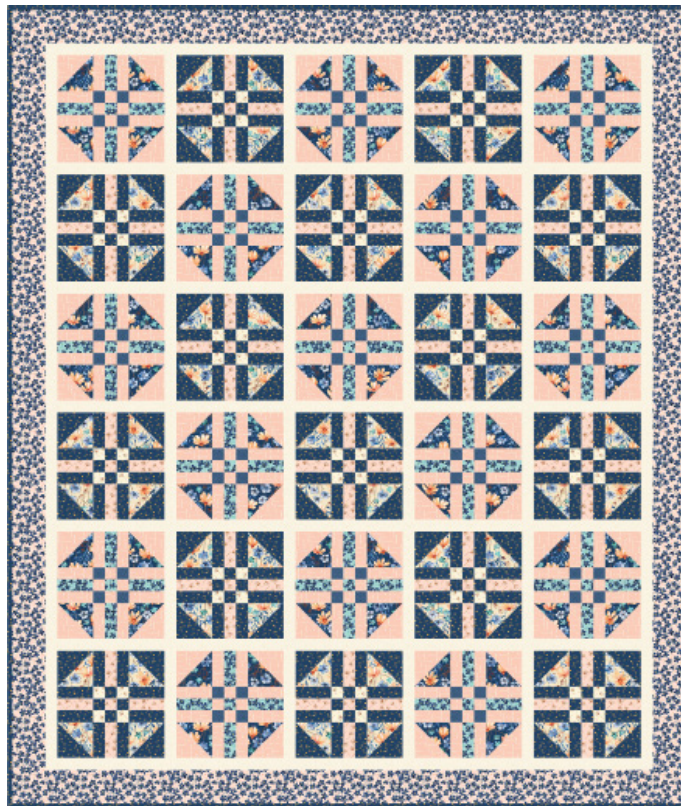


**Step 14:** Sew the side inner borders to the sides of the quilt top. Press. Sew the top and bottom inner borders to the top and bottom of the quilt top. Press.

**Step 15:** Sew the side outer borders to the sides of the quilt top. Press. Sew the top and bottom outer borders to the top and bottom of the quilt top. Press.

**Woohoo!** Your quilt top is finished. Now, quilt and bind using your preferred method.

# Posy Pop



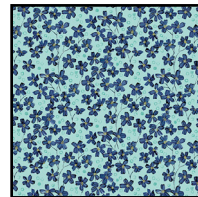
## Fabric Guide



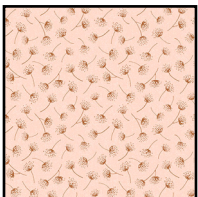
**Fabric A**  
T130-001-773  
 $\frac{3}{8}$  yard



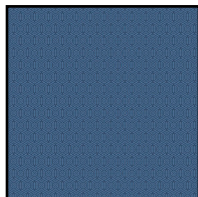
**Fabric B**  
T130-001-173  
 $\frac{3}{8}$  yard



**Fabric C**  
T130-002-773  
 $\frac{1}{3}$  yard



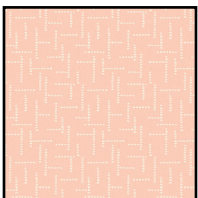
**Fabric D**  
T130-004-522  
 $\frac{1}{3}$  yard



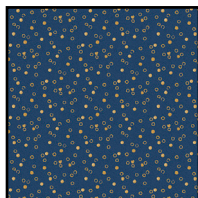
**Fabric E**  
T130-007-777  
 $\frac{1}{4}$  yard



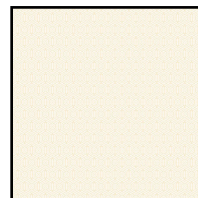
**Fabric F**  
T130-004-122  
 $\frac{1}{4}$  yard



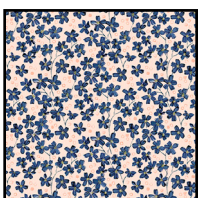
**Fabric G**  
T130-006-511  
1 yard



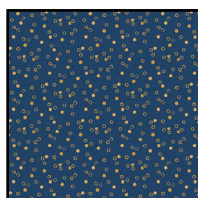
**Fabric H**  
T130-005-733  
1 yard



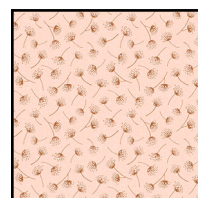
**Fabric I**  
T130-007-112  
 $\frac{7}{8}$  yard



**Fabric J**  
T130-002-573  
 $\frac{5}{8}$  yards



**Binding\***  
T130-005-733  
 $\frac{5}{8}$  yard



**Suggested Backing**  
T130-004-522  
 $3\frac{5}{8}$  yards

Binding also used as Fabric H